

FIG. 2

Variable	Mean	SD	Min	Max
Age	40.5	10.5	20	60
Gender	50%	50%	Male	Female
Marital status	70%	30%	Married	Single
Education	12.5	1.5	10	15
Income	3000	1000	1000	5000
Occupation	50%	50%	Professional	Non-professional
Health status	80%	20%	Good	Poor
Smoking status	30%	70%	Smoker	Non-smoker
Alcohol consumption	20%	80%	Drinker	Non-drinker
Exercise frequency	1.5	1.5	0	3
Dietary habits	50%	50%	Healthy	Unhealthy
Stress level	4.5	1.5	1	7
Sleep quality	3.5	1.5	1	7
Mental health	5.5	1.5	1	7
Physical health	6.5	1.5	1	7
Life satisfaction	4.5	1.5	1	7
Overall well-being	5.5	1.5	1	7



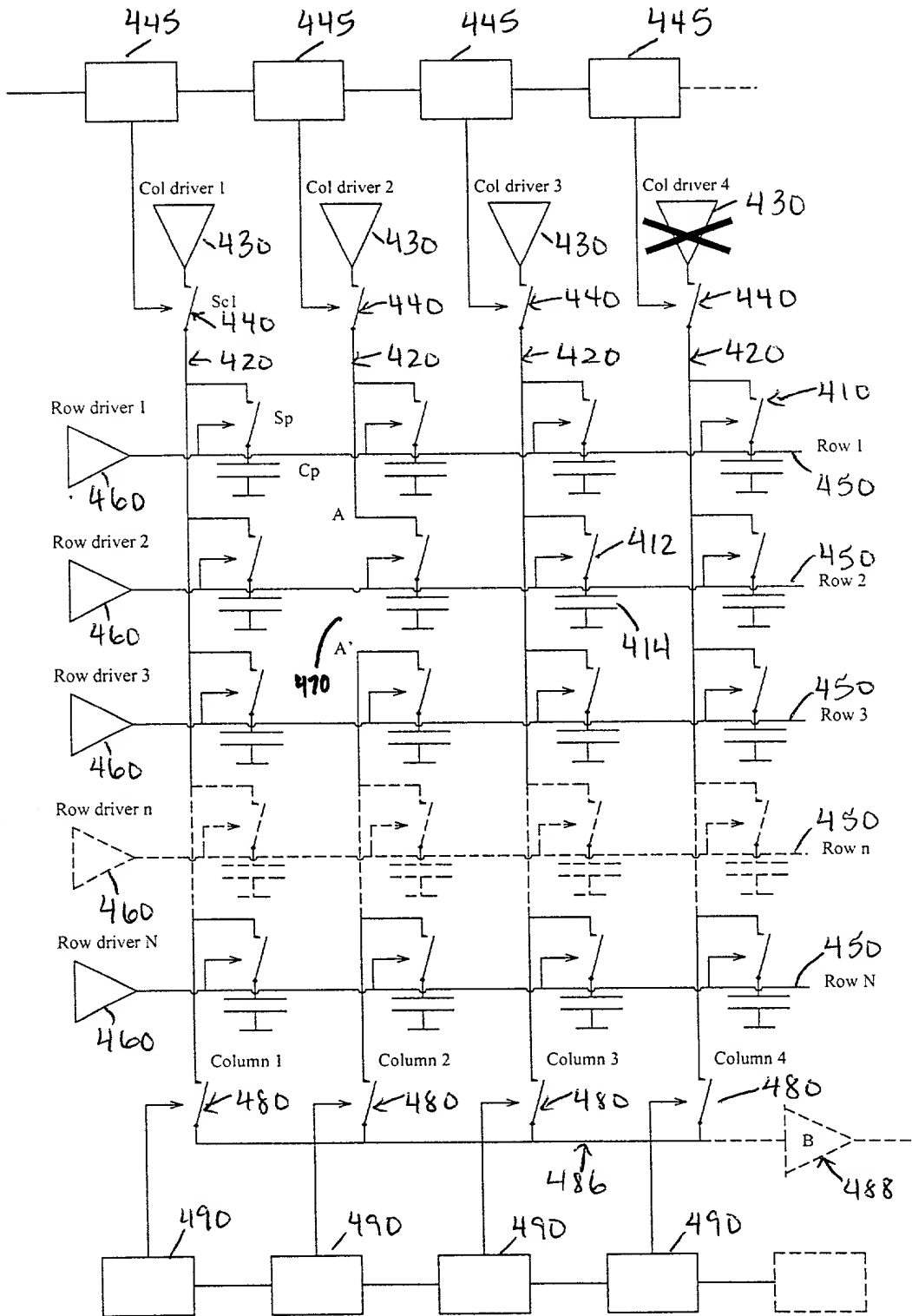


FIG. 4

[illegible]